

AREA AGENCY ON AGING

Contact Information

To reach the agency nearest you call toll-free in-state **1-800-994-9422**. Out of state callers should use the number below for the agency that covers the town that your loved one resides. Look to the right for the agency that covers your town.

Senior Resources/Agency on Aging

(860) 887-3561

www.seniorresourcesec.org

North Central Area Agency on Aging

(860) 724-6443

www.ncaaact.org

South Central CT Agency on Aging

(203) 785-8533

<https://www.aoscc.org/>

Southwestern CT Agency on Aging

(203) 333-9288

www.swcaa.org

Western CT Area Agency on Aging

(203) 757-5449

www.wcaaa.org

AREA AGENCY ON AGING

Serving your town

Senior Resources serves: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, Eastford, East Haddam, East Hampton, East Lyme, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, and Woodstock.

North Central CT serves: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, Southington, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks.

South Central CT serves: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, and Woodbridge,

Southwestern CT serves: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, and Wilton.

Western CT serves: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester,

Connecticut's

National Family Caregiver Support Program

Provides Services to Caregivers Including:

Family members caring for relatives aged 60 and older, and

Grandparents or older relatives

Caring for children 18 years of age or under or caring for an adult with a disability between age 19 and 59.

The **MANY
FACES**
OF CAREGIVING



Building Bridges
to Families

1-800-994-9422

WHAT SERVICES DOES THE CAREGIVER SUPPORT PROGRAM OFFER?

Information: Providing information to caregivers about available resources.

Assistance: Linking caregivers to available services (i.e. support groups).

Individual Counseling: Assisting caregivers in making decisions and solving problems relating to their caregiving roles.

Caregiver Training Sessions

Respite Care*: Providing caregivers a temporary break from their caregiving duties. Self-directed care option available; Caregiver chooses who provides them the respite care.

Supplemental Services*: Items or services designed to help “fill the gap” when there is a need or there are no other ways to obtain the service or item.

* On a Limited Basis

Each caregiver’s needs are individually determined after an in-depth assessment conducted by a member of the Family Caregiver Support Team.

SERVICES VARY IN EACH REGION

WHO DOES THIS PROGRAM SERVE?

The National Family Caregiver Support Program (NFCSP) offers support to the family members and friends that are caring for their loved ones.

CAREGIVERS ARE...

Adult family members or other informal caregivers age 18 and older

- ♦ providing care to individuals 60 years of age and older;
- ♦ providing care to individuals of any age with Alzheimer’s disease and related disorders;

Grandparents and other relatives (not parents) 55 years of age and older

- ♦ providing care to children under the age of 18; and
- ♦ providing care to adults age 18-59 with disabilities.



Please contact your local Area Agency on Aging for specific details about the financial and functional priorities for this program.

WHO PAYS FOR THE CAREGIVER SUPPORT PROGRAM?

The NFCSP is funded by Title III-E funds of the Federal Older Americans Act. It is operated in partnership with the CT State Department on Aging and the five Area Agencies on Aging.

A cost sharing fee is requested for Respite and Supplemental Services. The contribution is based on the cost of services and the care recipient’s monthly income. Please consider providing a contribution so that we can serve more caregivers.

Connecticut’s Area Agencies on Aging are private nonprofit organizations which serve the needs of older persons as a resource for information, program development and advocacy.

This program values the caregiver and is designed to offer assistance so that - you - family and friend caregivers can continue to care for **your loved **one**.**

