

Open Enrollment Events and Presentations in Your Community

When it comes to choosing a healthcare plan for yourself or family members the information can be overwhelming, and your options can potentially change from year-to-year.

Certified CHOICES Counselors with the Southwestern CT Agency on Aging are here to provide you with unbiased assistance in navigating your options. This year, during the Medicare Open Enrollment period from **October 15 to December 7**. Counselors are available in your communities by appointment.

Open to anyone who is a Medicare beneficiary or will be a beneficiary in **2027** and who would like the opportunity to learn more about their Medicare options and changes for **2027** from Certified CHOICES

Open Enrollment days in your town, by appointment only:

A Medicare Open Enrollment event offers 30-minute counseling sessions to help individuals compare plans and receive personalized guidance on their coverage options.

Trumbull Senior Center Thursday, October 29, 2026 Call to schedule an appointment (203) 452-5198	Bigelow Senior Center Tuesday, November 3, 2026 Call to schedule an appointment (203) 256-3166	Wilton Dept of Social Services Thursday, November 5, 2026 Call to schedule an appointment (203) 834-6238 ext. 1
Westport Center for Senior Activities Tuesday, November 10, 2026 Call to schedule an appointment (203) 203-341-5095	Weston Senior Center Friday, November 13, 2026 Call to schedule an appointment (203) 222-2608 or (203) 222-2556	Lapham Community Center Wednesday, November 18, 2026 Call to schedule an appointment (203) 594-3620
Fairfield Library October 15- December 3 Appointments every Thursday Fairfield Woods Branch- 10AM-12PM Fairfield Main Branch- 1PM-3:30PM to make an appointment go to https://fairfieldpubliclibrary.org/ .	Norwalk Library October 16- December 4 Closed Thursday, 11/26 Thanksgiving Holiday Day. Appointments Every Friday 10AM-1PM To make an appointment call the library at (203)-899-2780 ext. 109/106	



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Medicare Update presentations in your town, by RSVP only:

Trumbull Senior Center Friday, October 16, 2026- 10 AM Call to RSVP (203) 452-5199	Wilton Library Tuesday, October 20, 2026- 6:30 PM Call to RSVP (203) 762-6334	Bigelow Senior Center Wednesday, October 21, 2026- 10AM Call to RSVP (203) 256-3166
Eisenhower Senior Center Thursday, October 22, 2026- 11 AM Call to RSVP (203) 576-7993	Weston Senior Center Friday, October 23, 2026- 12 PM Call to RSVP (203) 222-2608 or (203) 222-2556	Darien Senior Center Tuesday, October 27, 2026- 12:45 PM Call to RSVP (203) 656-7490
Westport Senior Center for Activities Wednesday, October 28, 2026- 10:30 AM Call to RSVP (203) 203-341-5095	Stamford Over 60 Club Wednesday, October 28, 2026- 12 PM Call/Email to RSVP: 203-316-9335 or 203-249-2607 and theover60club@gmail.com	Lapham Community Center Wednesday, November 4, 2026- 11 AM Call to RSVP (203) 594-3620
New Canaan Library Wednesday, November 11, 2026- 10 AM Call to RSVP (203) 594-5003	Norwalk Public Library Tuesday, November 17, 2026- 10 AM Call to RSVP (203) 899-2780 ext. 15111/15106	Norwalk Senior Center Tuesday, November 17, 2026- 12:30 PM Call to RSVP (203) 847-3115 ext. 115

For questions, please contact Katie Wheeler at 203-814-3639 or kwheeler@swcaa.org

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