



**TO:** AAA Directors  
**FROM:** Soyon Kim, Associate Research Analyst  
**DATE:** January 15, 2026  
**SUBJECT:** 2026 Poverty Guidelines

Listed below are the 2026 poverty guidelines released by the Department of Health and Human Services. Figures refer to monthly income.

<u>Poverty Level</u>	<u>Single Person</u>	<u>Couple</u>
<i>100% poverty</i>	At or below \$1,330	At or below \$1,803
<i>125% poverty</i>	\$1,331 - \$1,663	\$1,804 - \$2,254
<i>150% poverty</i>	\$1,664 - \$1,995	\$2,255 - \$2,705
<i>175% poverty</i>	\$1,996 - \$2,328	\$2,706 - \$3,156
<i>200% poverty</i>	\$2,329 - \$2,660	\$3,085 - \$3,607
<i>Over 200% poverty</i>	\$2,661 or over	\$3,608 or over

For more information about the poverty guidelines, visit: <http://aspe.hhs.gov/poverty>. The Consumer Registration Form in A&D WellSky, as well as the paper version, will be updated with the new guidelines in the coming weeks. In the meantime, please use the percentage criteria when recording client income data.

If you have any questions, please contact me by email at [soyon.kim@ct.gov](mailto:soyon.kim@ct.gov) .

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