



PROGRAMS DEPARTMENT
CONGREGATE MEALS

Are you 60 years of age or older? Do you hate eating alone? Then why not join friends and neighbors at a local community cafe! A nutritious, delicious, hot meal is served Monday through Friday. The suggested donation is \$2.00 however the donation is anonymous and no one is turned away regardless of their ability to pay. Reservations must be made two days in advance. Call the location of your choice to make a reservation. Many of the meal sites have recreational programs like exercise and bingo to offer. Transportation is available for some of the sites. For details call the sites directly

Bridgeport		
<u>Senior Center at Hall Neighborhood House</u> 52 George E Pipkin's Way Bridgeport, CT 06608 203-345-2000		<u>2400 North Ave</u> 2400 North Avenue Bridgeport, CT 06604 203-367-0605
Fairfield		
<u>Dwight D. Eisenhower Senior Center</u> 263 Golden Hill Street Bridgeport, CT 06604 203-576-7993		<u>Bigelow Center for Senior Activities</u> 100 Mona Terrace Fairfield, CT 06430 203-256-3166
Greenwich		
<u>East Side Senior Center</u> 1057 E. Main Street Bridgeport, CT 06608 203-576-7212		<u>Hill House Senior Housing</u> 8 Riverside Avenue Riverside, CT 06878 203-637-3177



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Norwalk		
<u>The Marvin Senior Housing</u> 60 Gregory Boulevard Norwalk, CT 06855 203-854-4660		<u>Stamford Senior Center</u> 888 Washington Boulevard Stamford, CT 06901 203-977-5151
		Stratford
<u>Broad River Homes</u> 108 New Canaan Avenue Norwalk, CT 06850 203-846-3700		<u>Stratford Baldwin Center</u> 1000 West Broad Street Stratford, CT 06615 203-385-4050
		Trumbull
<u>Norwalk Senior Center</u> 11 Allen Road Norwalk, CT 06851 203-847-3115		<u>Trumbull Senior Citizens Center</u> 23 Priscilla Place Trumbull, CT 06611 203-452-5199
Stamford		
<u>Over 60 Club</u> Senior Services of Stamford 628 Main Street Stamford, CT 203-748-1228		<u>Westport Center for Senior Activities</u> 21 Imperial Avenue Westport, CT 06880 203-341-5099
<u>Stamford Jewish Center</u> 1035 Newfield Avenue Stamford, CT 06905 203-322-7900		